

# Quarterly NEWSLETTER SHIFA PULSE

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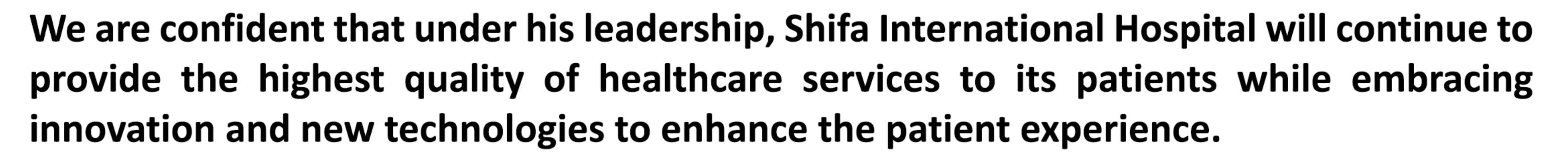
# DR. IMRAN KHAN APPOINTED AS THE NEW ADMINISTRATOR OF SHIFA INTERNATIONAL HOSPITAL FAISALABAD

# Dear Readers,

It is with great pleasure that we announce the appointment of Dr. Imran Khan as the new Administrator of Shifa International Hospital Faisalabad. We extend our warmest Congratulations to him on this remarkable achievement and we are confident that he will lead the hospital to new heights of success.

He has a proven track record of leadership, Innovation and excellence in healthcare management. He brings with him a wealth of experience in healthcare and has





We wish him all the best in his new role and look forward to a bright and prosperous future.



DR. HAFIZ M. YASEEN Pediatrician

DR. SHAISTA TALIB
Gynaecologist

DR. ADEELA ABID Radiologist

DR. MARYAM TAHIR Neurologist







# DIALYSIS DEPARTMENT

Shifa International Hospital Faisalabad provides 24/7 dialysis care with a goal to continuously improve the quality of life for the patients with acute and chronic renal disease. Shifa Faisalabad have facilitated 65 thousand dialysis patients till now by maintaining quality health standards.







# چکن پاکس اور خسره کی علامات

- ناک بہنا

• بخار

- سردرد گلے میں سوزش

# چکن پاکس اور خسرہ سے بجاؤ کی احتیاطی تد ابیر

- و کیسین لگوائیں۔
- اینے ڈاکٹر سے مثورہ کریں۔
- یانی کااستعال زیادہ سے زیادہ کریں۔
- باقاعد گی سے ہاتھ دھوئیں۔
- اینی خوراک میں پھل اور سبزیال شامل کریں۔
- باربار خارش کرنے سے گریز کریں۔
- (Body Lotion / Mosturizer) کااستعال کریں۔

# "Your HEALTH & SAFETY is Our Top PRIORITY"

# www.shifafsd.com.pk



- Book online Appointments
- Submit online Feedbacks
- Health Alerts

- View online Lab Reports
- Health Vlogs

### DEPARTMENT OF PHYSIOTHERAPY & REHABILITATION

### **MEHREEN ARSHAD**

Head Practitioner Physical Therapist
Manual Medicine Specialist
Certified (Chiropractor & Osteopath | Italy)
DPT, BCTP (ISRS, UK)

# DRY NEEDLING

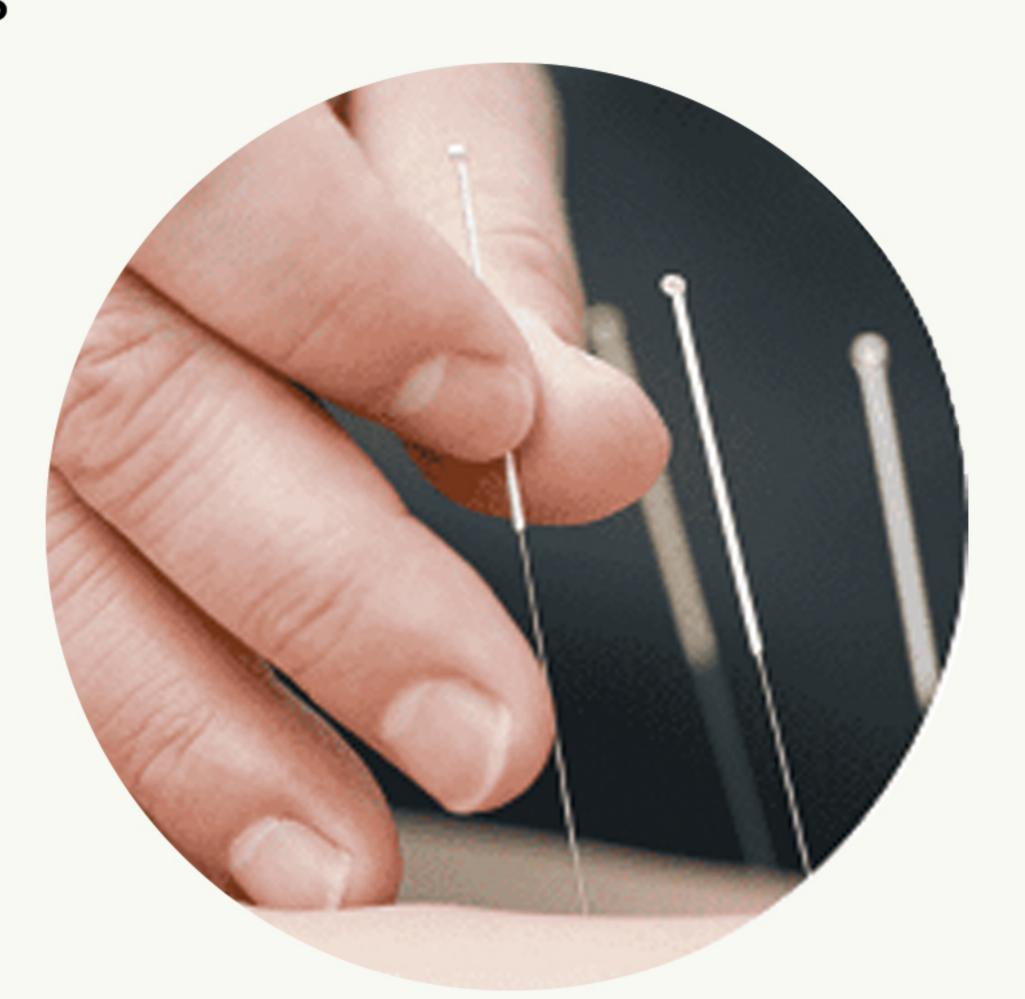
Dry needling is a technique that physical therapists use to treat pain and muscle tension. It involves inserting thin needles into trigger points in the muscles, which are the areas of tightness and discomfort.

# How does Dry Needling work?

The needles help to release the tension and promote healing by increasing blood flow and stimulating the body's natural pain-relieving mechanisms.

# Dry Needling Helps To Relieve;

- Hip Pain
- Neck Pain
- Knee Pain
- Shoulder Pain
- Lower Back Pain
- Myofascial Pain
- Headache & Migraine



# WORLD NURSES DAY

Shifa International Hospital Faisalabad has the utmost respect for the unwavering commitment of highly devoted nurses, who are an integral component of the healthcare infrastructure.

To honor them, Shifa International Hospital commemorated "World Nurses Day" recognizing the exceptional contributions our nursing staff has made towards the betterment of our community.

Their unwavering dedication to provide round-the-clock healthcare services to the patients has been invaluable and is highly acknowledged.





## SPECIALTIES & CONSULTANTS

### GASTROENTEROLOGY

#### DR. M. ILYAS SHAKIR

MBBS, Diplomate Member of American Board of Internal Medicine, Member American College of Gastroenterology, FACP

#### DR. SHAHID RASOOL

MBBS, FCPS Member American College of Gastroenterology

### **GYNAECOLOGY & OBSTETRICS**

DR. ALIYA HAFEEZ

MBBS, FCPS

DR. BUSHRA SADIQ

MBBS, FCPS

DR. KANEEZ FATIMA

DR. MARIA TAYYAB MBBS, FCPS MBBS, MCPS, FCPS

MBBS, FCPS, MRCOG (UK)

DR. SHAISTA TALIB

#### NEUROLOGY

#### DR. NAYYIR WASEEM AKHTAR

DCN London, MBBS, Neuro (UK), MPHIL FEBN Board of Neurology

DR. MARYAM TAHIR

MBBS, FCPS

#### EAR, NOSE, THROAT

DR. ZAHID RAFIQ GILL

MBBS, FCPS

### **NEPHROLOGY**

DR. KASHIF RAFIQUE MBBS, FCPS

#### ORTHOPEDIC

DR. USAMA BIN SAEED

MBBS, MD, FCPS

#### **PULMONOLOGY**

DR. SHAUKAT JAVED MBBS, FCPS

#### **NEUROSURGERY**

DR. TAIMOOR ANWAR

MBBS, AMC, FCPS

#### CRITICAL CARE | ICU

DR. SYED BILAL HAFEEZ

MBBS, FCPS, FCCM

#### DENTISTRY

DR. KIRAN TARIQ

BDS, FCPS

# **PLASTIC SURGERY**

DR. SHUMAILA YOUSAF

MBBS, MD, FCPS

#### **PEDIATRICS**

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MBBS, MCPS

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MBBS, FCPS

#### INTERNAL MEDICINE

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MBBS, FCPS

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MBBS, FCPS

DR. BASIT MASOOD

MBBS, MD, FCPS

#### CARDIOLOGY

DR. OMER QADEER

MBBS, MD, FCPS American board certified in Echocardiography

#### **RADIOLOGY**

DR. M. SHAHID SALEEM

MBBS, MCPS, FCPS

DR. ADEELA ABID

MBBS, FCPS

#### **ANESTHESIA**

DR. MUZAMMIL RAUF ALVI

MBBS, FCPS

DR. SAHIR SHAFIQ

MBBS, FCPS

#### **DERMATOLOGY**

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MBBS, FCPS

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