

SHIFA INTERNATIONAL HOSPITAL CELEBRATED

INDEPENDENCE DAY

Shifa International Hospital, Faisalabad celebrated 76th Pakistan's Independence Day with a vibrant Cake Cutting & Flag Hoisting Ceremony, embodying the spirit of patriotism and unity. The event, which took place in the hospital premises, brought together the management and staff to celebrate the nation's progress and freedom.



Dr. Imran Khan | Administrator and Dr. M. Ilyas Shakir | Chief Medical Officer Shifa International Hospital, expressed in their welcome note that the hospital takes immense pride in its tradition of commemorating Independence Day with a Flag Hoisting Ceremony. He also reaffirmed the hospital's commitment in providing quality healthcare services to the patients.

Welcome To Shifa Family

M. ARSLAN ASGHAR
Assistant Manager
PSD & CBD

M. TAHIR IQBAL
Assistant Manager
Purchase & MM

MUHAMMAD ASIF
Supervisor - III
FNSD

IV ADMIXTURE AT SHIFA PHARMACY

Shifa International Hospital, Faisalabad is the sole healthcare facility in the region to have introduced IV admixture services, guaranteeing the delivery of **sterile and uncontaminated medical products** to the patients.

Intravenous medications are prepared in a clean room under aseptic (sterile) techniques in Laminar Flow Hoods to avoid contamination. Labeled, packed and then dispensed in ready-to-use form to floors where they are simply administered.

BENEFITS OF IV ADMIXTURE

- Accuracy, safety and precision.
- Patient specific & individualized preparations.
- More economical as compared to original products.
- Prepared in batches which decrease both labor cost and waste.
- Nurses' time saved per dose Approx: 3-5 min per dose preparation = 1500hrs/month = 18000hrs/year.
- Pre-calculated drug doses and dilutions reduce the potential of error.
- Savings from dose and reuse of drugs.
- Reduction in pilferage of medicine and avoiding a major risk in institutions.
- Cost of Surgical supplies for medicine preparation shall be reduced (ward level).



STAR EMPLOYEES OF THE MONTH



TAYYABA KHADIM
Patient Services Department



MUHAMMAD AHMED
Out Patient Department

DR. SHAHID RASOOL

MBBS | FCPS

Member American College of Gastroenterology

Consultant Gastroenterologist



HEPATITIS

Hepatitis is an inflammation of the liver. It may be caused by viral infection, alcohol consumption, several health conditions and even some medications. Hepatitis can be acute or chronic, leading to various health complications if left untreated.

TYPES OF HEPATITIS

- Hepatitis A
- Hepatitis B
- Hepatitis C
- Hepatitis D
- Hepatitis E

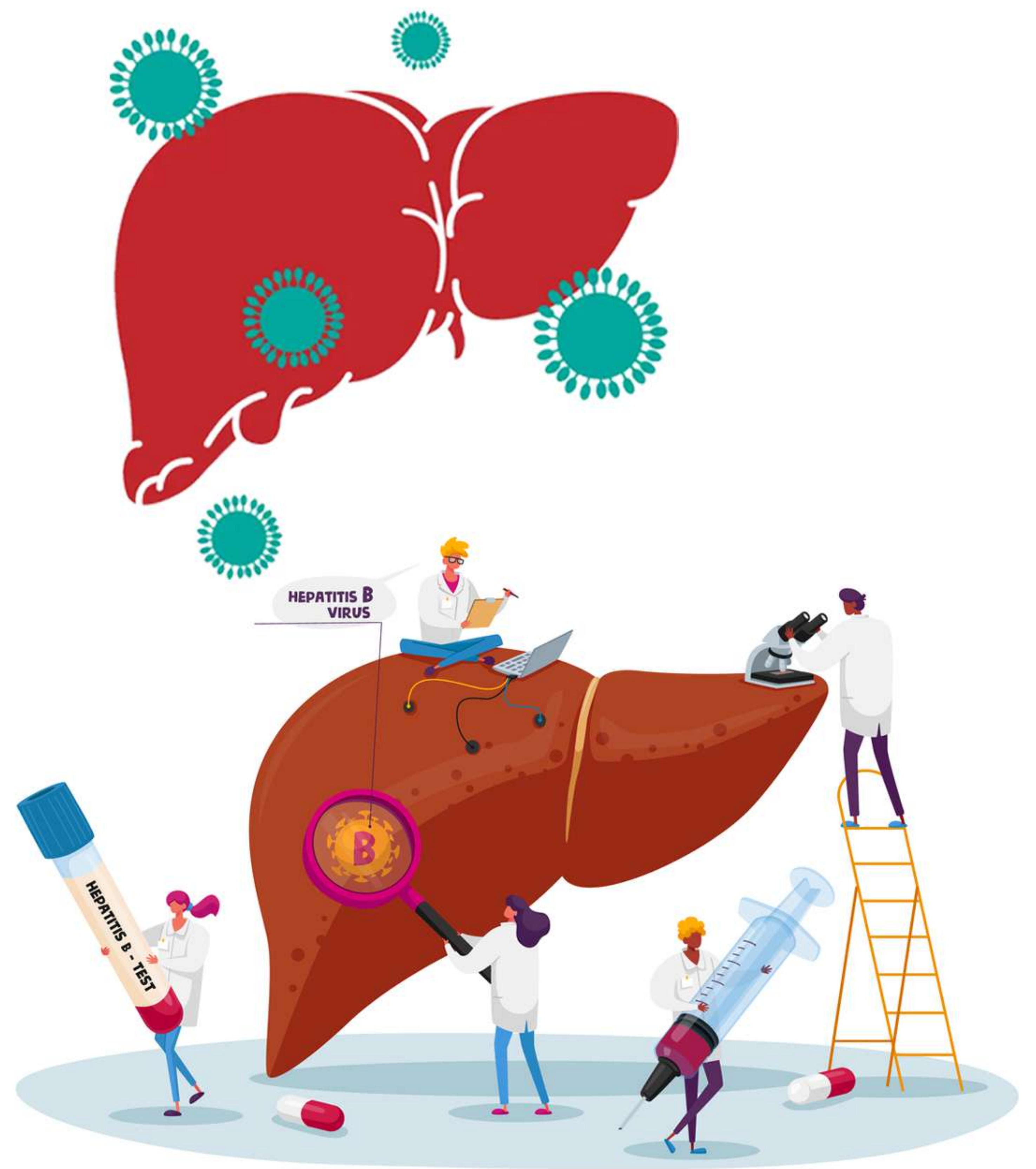
COMMON SYMPTOMS OF HEPATITIS

- Fatigue
- Dark Urine
- Pale Stool
- Abdominal Pain
- Loss Of Appetite
- Unexplained Weight Loss
- Yellow Skin & Eyes

HOW CAN HEPATITIS BE PREVENTED?

Hepatitis A and B can be prevented through vaccination. Practicing good hygiene, avoiding sharing of needles, unprotected intercourse and ensuring safe food and water consumption can help prevent Hepatitis A and E.

The best way to prevent Hepatitis C is by avoiding behaviors that can spread the disease, especially injecting drugs with non sterile injecting equipment.



12 YEARS OF HEALTH CARE EXCELLENCE

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✔ **Health Alerts & Vlogs**

LIST OF SPECIALTIES

- Anesthesia
- Cardiology
- Dermatology
- Dentistry
- E.N.T
- Food & Nutrition
- Gastroenterology
- General Surgery
- Gynaecology & Obstetrics
- Internal Medicine

- Neurology
- Neuro Surgery
- Nephrology
- Orthopedic
- Pediatrics & Neonatology
- Pulmonology
- Plastic Surgery
- Physiotherapy & Rehabilitation
- Respiratory & Critical Care
- Urology



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Write to us: If you have any questions , comments or any other suggestions,
Please email us at marketing.fsd@shifa.com.pk

