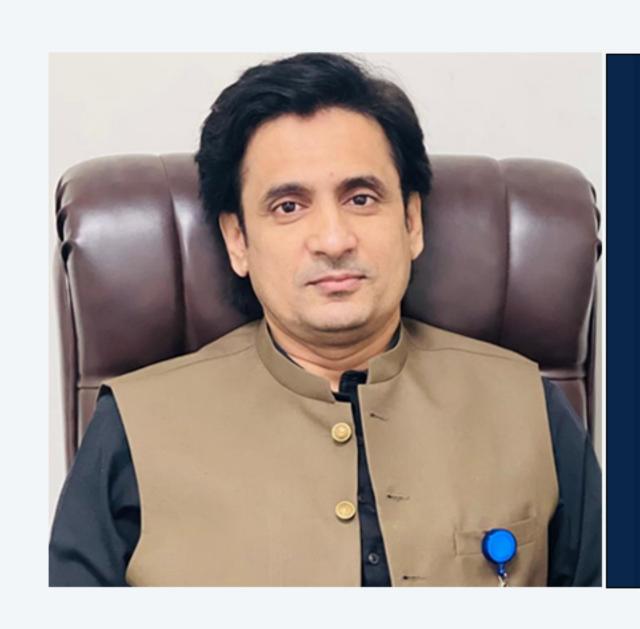


Quarterly SHIFA PULSE

Volume 8 | January - March | 2024



WE WISH YOU A HAPPY NEW YEAR



When I was approached to write this message on the eve of year 2024, I thought for a while before picking up the pen that what has been most striking and phenomenal thing throughout Shifa's history? Or in any given year?

Honestly, the answer has never been different whenever I have reflected upon this question. No wonder, it was the same this time too-TEAM.

Shifa's story has many dazzling colors to offer - from vision to commitment, from challenges to accomplishments, from braving the pandemic to keeping the business afloat, from training the youth to retaining the skilled human resource, from pursuing vertical quality to undertaking horizontal expansion-name a situation and you can find Shifa International Hospital managing the same at some point of time. Our history is quite eventful. Yet no one can be wronged in naming TEAM as the single most phenomenal happening of these 12 years. Years after years and in any given year!

We have achieved only what we could as a TEAM. We take decisions and pursue our goals as a TEAM. We won laudations as a TEAM. Whenever we have earned an honor we earned it as a TEAM. No one claimed individual credits. If ever we failed in something, we claimed the responsibility as a TEAM to rectify and move on. No one blamed an individual.

IV ADMIXTURE AT SHIFA PHARMACY

Shifa International Hospital, Faisalabad is the sole healthcare facility in the region to have introduced IV admixture services, guaranteeing the delivery of sterile and uncontaminated medical products to the patients. Intravenous medications are prepared in a clean room under aseptic (sterile) techniques in Laminar Flow Hoods to avoid contamination. Labeled, packed and then dispensed in ready-to-use form to floors where they are simply administered.

BENEFITS OF IV ADMIXTURE

- Accuracy, safety and precision.
- Patient specific & individualized preparations.
- More economical as compared to original products.
- Pre-calculated drug doses and dilutions reduce the potential of error.





Congratulations...

To Mr. Taimoor Shah, our esteemed Chief Operating Officer, on the expansion of his authority. This well-deserved recognition is a testament to his unwavering dedication, tireless efforts, and commitment to excellence in healthcare management. Under his visionary leadership and expert guidance, our hospital has experienced significant growth and improvement. We have faith in his leadership and supervision and we eagerly look forward to continued learning, growth and achievements under his direction.

Welcome To Shifa Family

DR. KHUSHBAKHT TANVEER

MBBS | FCPS Medical Specialist DR. AFIFA SAADIA

MBBS | FCPS Consultant General Surgeon DR. HAROON HAFEEZ

MBBS | FCPS

Consultant Pediatrician

MAIRA SHEHZAD

MBBS | FCPS

Head Practitioner Physical Therapist

SIBTAIN SHAHBAZ

Associate Manager Accounts & Finance

STAR EMPLOYEES OF THE MONTH



RIZWAN ALI **Nursing Department**



ULFAT SHAHZADI IPDSS



YASMEEN TABSUUM **Out Patient Department**



JAVEERIA PARVAIZ Patient Services Department

FIRE SAFETY TRAINING

The Pakistan Life Saver Program (PLSP) training session, organized by Shifa International Hospital Faisalabad in collaboration with Rescue 1122, is a wonderful initiative to equip people with life-saving skills and knowledge on fire safety. Such programs are essential for building a safer and more resilient community. The training session likely covered crucial topics like fire prevention, emergency response and first aid, empowering participants to respond effectively in emergency situations. Kudos to the organizers and participants for taking proactive steps towards creating a safer environment!









DR. MUHAMMAD UMAIR AFZAL MBBS | FCPS Consultant General & Laparoscopic Surgeon



What is an ostomy?

An ostomy is a surgical procedure that creates a temporary opening in the abdomen to allow faeces or urine to exit into an external pouch attached to the abdomen. An ostomy can be temporary or permanent depending on the underlying condition or diagnosis.

Under what conditions ostomies are required?

Patients of all age groups may need an ostomy. Some birth defects, like Hirschprung's disease, caused by the absence of nerve cells in the large intestine of children, is treated with a temporary ostomy in the first phase. This is reversed in the second phase. Children with ostomies can live healthy lives and achieve their goals. In adults, inflammatory conditions of the intestine like Ulcerative Colitis and Crohn's disease, lead to abdominal pain, blood in the stool, or frequent visits to the washroom. In these cases, if medications do not work, an ileostomy, or colostomy is made after removing the diseased intestine to relieve symptoms or treat any complications.

How do ostomies benefit patients and improve the quality of their life?

Ostomies are completely manageable. They do not inhibit the lifestyle patient had before the diagnosis. The patient can still dress whatever he wants. Many individuals around the globe have been doing their professional jobs with ostomies and have not let this disease hinder them from achieving their life goals. Cancer in the large or small intestine can also require a surgical procedure of ostomy, which can be life- saving for the patient. Patients with such a diagnosis can get a normal and healthy life back. Awareness about ostomy among the physicians & paramedical staff other than the general population is very important because it will help the patients to get access to better health care.





Congratulations....



TEAM SHIFA

For Achieving



JOINT COMMISSION ACCREDITATION (JCI)

SPECIALTIES & CONSULTANTS

GASTROENTEROLOGY

DR. M. ILYAS SHAKIR

MBBS, Diplomate American Board of Internal Medicine, Member American College of Gastroenterology, FACP

DR. SHAHID RASOOL

MBBS, FCPS Member American College of Gastroenterology

GYNECOLOGY & OBSTETRICS

DR. ALIYA HAFEEZ

MBBS, FCPS

DR. BUSHRA SADIQ

MBBS, FCPS

DR. KANEEZ FATIMA MBBS, MCPS, FCPS

DR. MARIA TAYYAB MBBS, FCPS

DR. SHAISTA TALIB

MBBS, FCPS, MRCOG (UK)

NEUROLOGY

DR. NAYYIR WASEEM AKHTAR

MBBS, DCN London, Neuro (UK), MPHIL FEBN Board of Neurology

DR. MARYAM TAHIR

MBBS, FCPS, MRCP

EAR, NOSE, THROAT

DR. ZAHID RAFIQ GILL MBBS, FCPS

NEPHROLOGY

DR. KASHIF RAFIQUE MBBS, FCPS

DERMATOLOGY

DR. MEHWISH KHAN MBBS, FCPS

PULMONOLOGY

DR. SHAUKAT JAVED MBBS, FCPS

NEUROSURGERY

PEDIATRICS

DR. TARIQ MAHMOOD

MBBS, MCPS

DR. HAROON HAFEEZ

MBBS, FCPS

DR. TAIMOOR ANWAR MBBS, AMC, FCPS

CRITICAL CARE

DR. SYED BILAL HAFEEZ MBBS, FCPS, FCCM

CARDIOLOGY

DR. OMER QADEER

MBBS, MD, FCPS American board

certified in Echocardiography

DENTISTRY

DR. KIRAN TARIQ

BDS, FCPS

RADIOLOGY

DR. M. SHAHID SALEEM

MBBS, MCPS, FCPS DR. ADEELA ABID

MBBS, FCPS

PLASTIC SURGERY

DR. SHUMAILA YOUSAF

MBBS, MD, FCPS

PHYSICAL THERAPY & REHABILITATION

M. ZEESHAN ISHRAT

Head Practitioner Physical Therapist

MAIRA SHAHZAD

Head Practitioner Physical Therapist

INTERNAL MEDICINE

DR. ABDULLAH SHAHID

MBBS, FCPS

DR. M. SHOAIB FAROOQ MBBS, FCPS

DR. KHUSHBAKHT TANVEER

MBBS, FCPS

GENERAL SURGERY

DR. M. AWAIS ASHRAF

MBBS, FCPS

DR. M. UMAIR AFZAL

MBBS, FCPS

DR. AFIFA SAADIA MBBS, FCPS

ANESTHESIA

DR. MUZAMMIL RAUF ALVI

MBBS, FCPS

DR. SAHIR SHAFIQ

MBBS, FCPS

ORTHOPEDIC

DR. USAMA BIN SAEED

MBBS, MD, FCPS, FICS, FACS, FIOTA, MRCPS, POA

DR. JAWAD MUSTAFA

MBBS, FCPS

DR. ZOHAIB NADEEM SIAL

MBBS | MD | FCPS (Tr & Orth) | FPAS Advance Hip & Knee Replacement specialist

HEMATOLOGY

DR. M. JAVAID IQBAL

MBBS | MPHIL HEMATOLOGY

UROLOGY

DR. M. IMRAN JAMIL

MBBS, FCPS

FOOD & NUTRITION

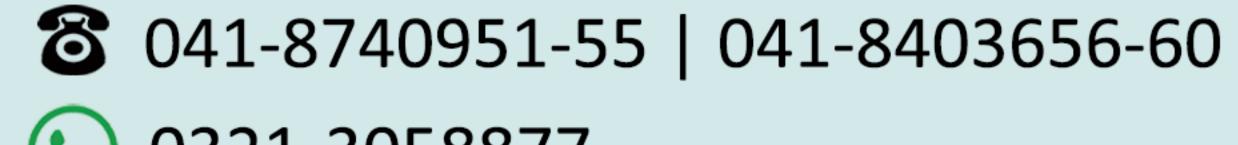
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