



WE WISH YOU A HAPPY NEW YEAR

2024

When I was approached to write this message on the eve of year 2024, I thought for a while before picking up the pen that what has been most striking and phenomenal thing throughout Shifa's history? Or in any given year?

Honestly, the answer has never been different whenever I have reflected upon this question. No wonder, it was the same this time too-TEAM.

Shifa's story has many dazzling colors to offer - from vision to commitment, from challenges to accomplishments, from braving the pandemic to keeping the business afloat, from training the youth to retaining the skilled human resource, from pursuing vertical quality to undertaking horizontal expansion-name a situation and you can find Shifa International Hospital managing the same at some point of time. Our history is quite eventful. Yet no one can be wronged in naming TEAM as the single most phenomenal happening of these 12 years. Years after years and in any given year!

We have achieved only what we could as a TEAM. We take decisions and pursue our goals as a TEAM. We won laurels as a TEAM. Whenever we have earned an honor we earned it as a TEAM. No one claimed individual credits. If ever we failed in something, we claimed the responsibility as a TEAM to rectify and move on. No one blamed an individual.

IV ADMIXTURE AT SHIFA PHARMACY

Shifa International Hospital, Faisalabad is the sole healthcare facility in the region to have introduced IV admixture services, guaranteeing the delivery of **sterile and uncontaminated medical products** to the patients. Intravenous medications are prepared in a clean room under aseptic (sterile) techniques in Laminar Flow Hoods to avoid contamination. Labeled, packed and then dispensed in ready-to-use form to floors where they are simply administered.

BENEFITS OF IV ADMIXTURE

- Accuracy, safety and precision.
- Patient specific & individualized preparations.
- More economical as compared to original products.
- Pre-calculated drug doses and dilutions reduce the potential of error.



Congratulations...



To **Mr. Taimoor Shah**, our esteemed **Chief Operating Officer**, on the expansion of his authority. This well-deserved recognition is a testament to his unwavering dedication, tireless efforts, and commitment to excellence in healthcare management. Under his visionary leadership and expert guidance, our hospital has experienced significant growth and improvement. We have faith in his leadership and supervision and we eagerly look forward to continued learning, growth and achievements under his direction.

Welcome To Shifa Family

DR. KHUSHBAKHT TANVEER
MBBS | FCPS
Medical Specialist

DR. AFIFA SAADIA
MBBS | FCPS
Consultant General Surgeon

DR. HAROON HAFEEZ
MBBS | FCPS
Consultant Pediatrician

MAIRA SHEHZAD
MBBS | FCPS
Head Practitioner Physical Therapist

SIBTAIN SHAHBAZ
Associate Manager
Accounts & Finance

STAR EMPLOYEES OF THE MONTH



RIZWAN ALI
Nursing Department



ULFAT SHAHZADI
IPDSS



YASMEEN TABSUUM
Out Patient Department



JAVEERIA PARVAIZ
Patient Services Department

FIRE SAFETY TRAINING

The Pakistan Life Saver Program (PLSP) training session, organized by Shifa International Hospital Faisalabad in collaboration with Rescue 1122, is a wonderful initiative to equip people with life-saving skills and knowledge on fire safety. Such programs are essential for building a safer and more resilient community. The training session likely covered crucial topics like fire prevention, emergency response and first aid, empowering participants to respond effectively in emergency situations. Kudos to the organizers and participants for taking proactive steps towards creating a safer environment!



DR. MUHAMMAD UMAIR AFZAL

MBBS | FCPS

Consultant General & Laparoscopic Surgeon



What is an ostomy?

An ostomy is a surgical procedure that creates a temporary opening in the abdomen to allow faeces or urine to exit into an external pouch attached to the abdomen. An ostomy can be temporary or permanent depending on the underlying condition or diagnosis.

Under what conditions ostomies are required?

Patients of all age groups may need an ostomy. Some birth defects, like Hirschprung's disease, caused by the absence of nerve cells in the large intestine of children, is treated with a temporary ostomy in the first phase. This is reversed in the second phase. Children with ostomies can live healthy lives and achieve their goals. In adults, inflammatory conditions of the intestine like Ulcerative Colitis and Crohn's disease, lead to abdominal pain, blood in the stool, or frequent visits to the washroom. In these cases, if medications do not work, an ileostomy, or colostomy is made after removing the diseased intestine to relieve symptoms or treat any complications.

How do ostomies benefit patients and improve the quality of their life?

Ostomies are completely manageable. They do not inhibit the lifestyle patient had before the diagnosis. The patient can still dress whatever he wants. Many individuals around the globe have been doing their professional jobs with ostomies and have not let this disease hinder them from achieving their life goals. Cancer in the large or small intestine can also require a surgical procedure of ostomy, which can be life-saving for the patient. Patients with such a diagnosis can get a normal and healthy life back. Awareness about ostomy among the physicians & paramedical staff other than the general population is very important because it will help the patients to get access to better health care.



Congratulations....



TEAM SHIFA

For Achieving

3rd

**JOINT COMMISSION
ACCREDITATION (JCI)**

SPECIALTIES & CONSULTANTS

GASTROENTEROLOGY DR. M. ILYAS SHAKIR MBBS, Diplomate American Board of Internal Medicine, Member American College of Gastroenterology, FACP DR. SHAHID RASOOL MBBS, FCPS Member American College of Gastroenterology		GYNECOLOGY & OBSTETRICS DR. ALIYA HAFEEZ MBBS, FCPS DR. KANEEZ FATIMA MBBS, MCPS, FCPS DR. BUSHRA SADIQ MBBS, FCPS DR. MARIA TAYYAB MBBS, FCPS DR. SHAISTA TALIB MBBS, FCPS, MRCOG (UK)		NEUROLOGY DR. NAYYIR WASEEM AKHTAR MBBS, DCN London, MPHIL Neuro (UK), FEBN Board of Neurology DR. MARYAM TAHIR MBBS, FCPS, MRCP	
EAR, NOSE, THROAT DR. ZAHID RAFIQ GILL MBBS, FCPS	NEPHROLOGY DR. KASHIF RAFIQUE MBBS, FCPS	DERMATOLOGY DR. MEHWISH KHAN MBBS, FCPS	PULMONOLOGY DR. SHAUKAT JAVED MBBS, FCPS		
NEUROSURGERY DR. TAIMOOR ANWAR MBBS, AMC, FCPS	CRITICAL CARE DR. SYED BILAL HAFEEZ MBBS, FCPS, FCCM	DENTISTRY DR. KIRAN TARIQ BDS, FCPS	PLASTIC SURGERY DR. SHUMAILA YOUSAF MBBS, MD, FCPS		
PEDIATRICS DR. TARIQ MAHMOOD MBBS, MCPS DR. HAROON HAFEEZ MBBS, FCPS	CARDIOLOGY DR. OMER QADEER MBBS, MD, FCPS American board certified in Echocardiography	RADIOLOGY DR. M. SHAHID SALEEM MBBS, MCPS, FCPS DR. ADEELA ABID MBBS, FCPS	PHYSICAL THERAPY & REHABILITATION M. ZEESHAN ISHRAT Head Practitioner Physical Therapist MAIRA SHAHZAD Head Practitioner Physical Therapist		
INTERNAL MEDICINE DR. ABDULLAH SHAHID MBBS, FCPS DR. M. SHOAIB FAROOQ MBBS, FCPS DR. KHUSHBAKHT TANVEER MBBS, FCPS	GENERAL SURGERY DR. M. AWAIS ASHRAF MBBS, FCPS DR. M. UMAIR AFZAL MBBS, FCPS DR. AFIFA SAADIA MBBS, FCPS	ANESTHESIA DR. MUZAMMIL RAUF ALVI MBBS, FCPS DR. SAHIR SHAFIQ MBBS, FCPS	ORTHOPEDIC DR. USAMA BIN SAEED MBBS, MD, FCPS, FICS, FACS, FIOTA, MRCPS, POA DR. JAWAD MUSTAFA MBBS, FCPS DR. ZOHAIB NADEEM SIAL MBBS MD FCPS (Tr & Orth) FPAS Advance Hip & Knee Replacement specialist		
HEMATOLOGY DR. M. JAVAID IQBAL MBBS MPHIL HEMATOLOGY	UROLOGY DR. M. IMRAN JAMIL MBBS, FCPS	FOOD & NUTRITION AROOJ RAUF MPHIL Human Nutrition & Dietetics			

Shifa International Hospital



11 Km, Main Jaranwala Road, Faisalabad



041-8740951-55 | 041-8403656-60



0321-3058877



@ shifa.international.hospital.faisalabad



@ shifainternationalhospitalfsd



@ shifafsd



shifafsd.com.pk

Editors: Muhammad Hamza | Abid Jamil

Write to us: If you have any questions, comments or any other suggestions, Please email us at marketing.fsd@shifa.com.pk

