

WOMEN'S HEALTH AWARENESS SEMINAR AT UNIVERSITY OF AGRICULTURE, FAISALABAD

Shifa International Hospital, Faisalabad and the University of Agriculture, Faisalabad, teamed up to host a Women's Health Awareness Session. The event was organized to educate women about health matters and inspire them to actively manage their well-being. Dr. Shaista Talib, Consultant Gynecologist of SIH-FSD, led the discussions on reproductive health, nutrition and mental well-being, offering valuable insights to the participants. This session marked a significant impact to enhance women's health and wellness within the community.



“Your **HEALTH & SAFETY** is Our Top **PRIORITY**”

www.shifafsd.com.pk

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STAR EMPLOYEES OF THE MONTH



BUSHRA BIBI
Housekeeping Department



WAQAS HANIF
Patient Services Department

DR. SHAUKAT JAVED
MBBS | FCPS
Consultant Pulmonologist



What is Pneumonia?

Pneumonia is an infection of the lungs. The infection is usually caused by bacteria or virus.

The infection causes inflammation (swelling) in your lungs. The air sacs in your lungs can fill up with fluid, making it harder for you to breathe.

What are the symptoms of Pneumonia?

The symptoms of Pneumonia depend on age, type of organism and any existing immune system problems you may have. The most common symptoms of Pneumonia are:

- **Fever:** A temperature of 38 degree or higher
- **Cough:** Which can be dry or may produce thick mucus
- Difficulty in breathing or shortness of breath
- Rapid breathing
- Feeling generally tired and unwell
- Loss of appetite

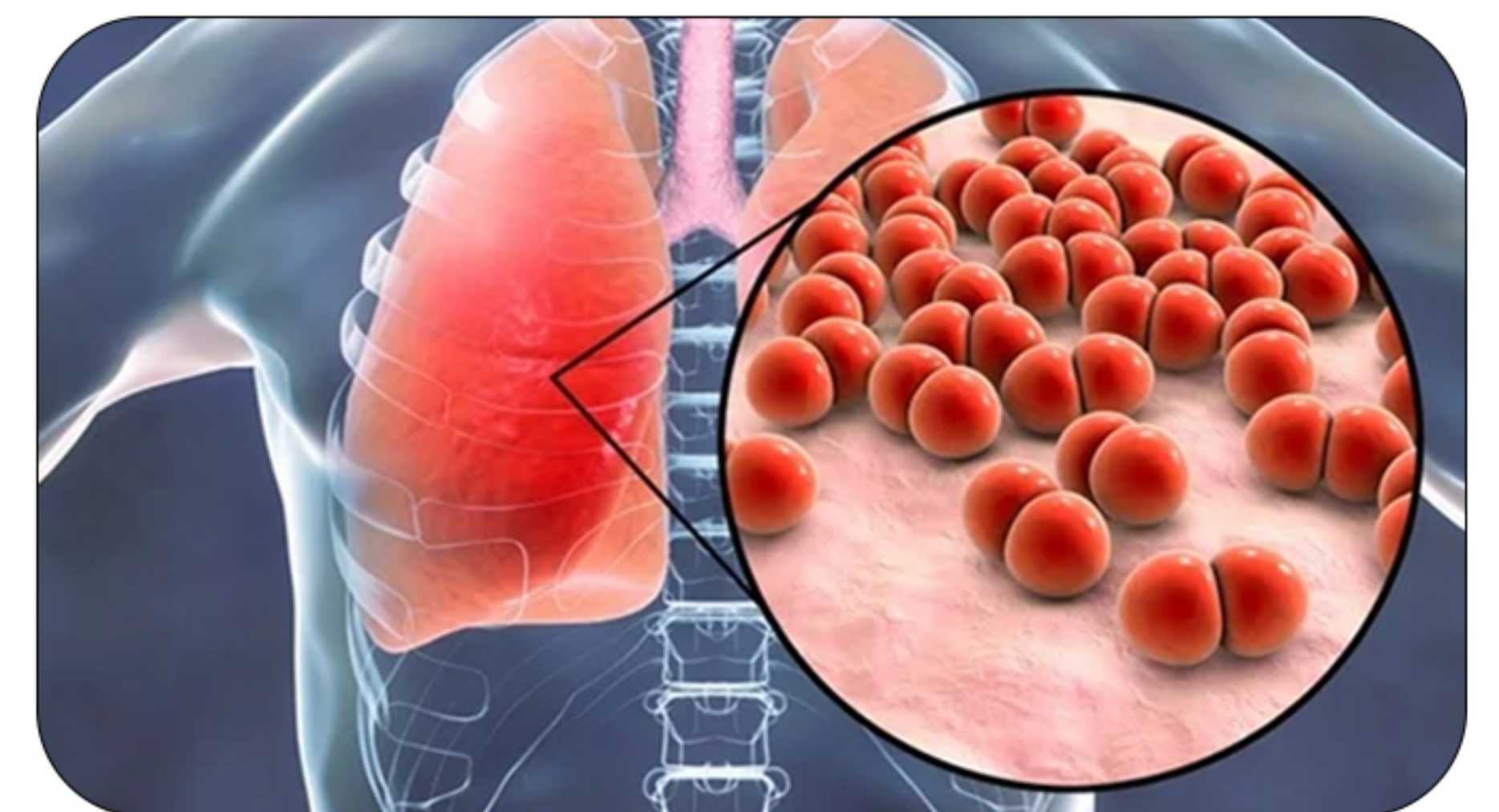
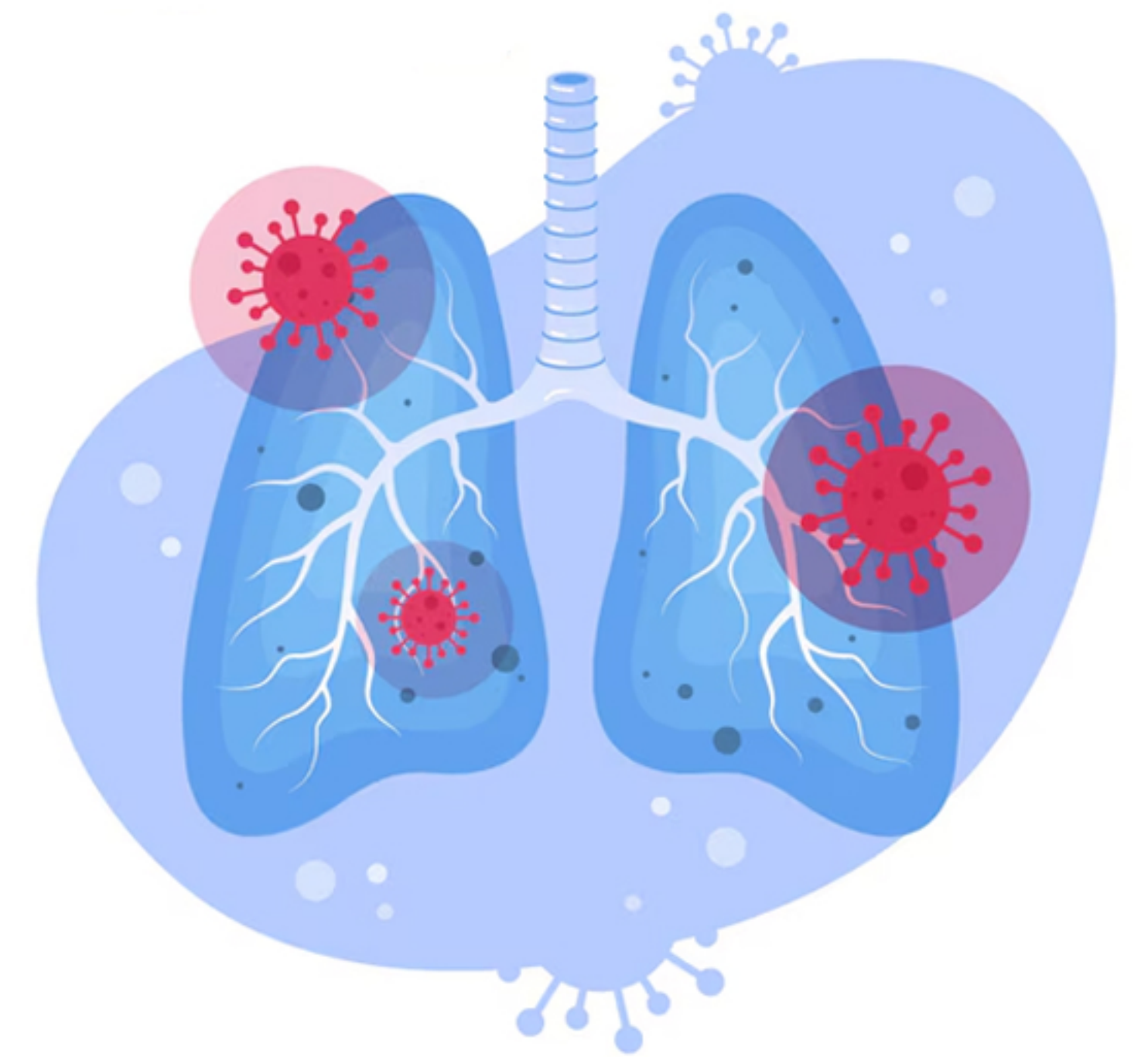
What causes Pneumonia?

Pneumonia is caused by an infection of the lungs. Most infections are caused by bacteria or viruses. Pneumonia can be triggered by cold or flu, which allows the germs to get access in your lungs.

How is Pneumonia treated?

Treatment will depend on your age and the type of pneumonia you have.

If bacteria have caused infection, the main treatment is antibiotics. Antibiotics are medicines that kill bacteria. Viral Pneumonia cannot be treated with antibiotics. In most cases, viral Pneumonia needs only supportive care and will clear up by itself.



Welcome To Shifa Family

DR. JAWAD MUSTAFA

MBBS | FCPS

**Consultant Orthopedic &
Spine Surgeon**

DR. M. UMAIR AFZAL

MBBS | FCPS

**Consultant General &
Laparoscopic Surgeon**

Faculty members from Madina Teaching University, along with students from the Anesthesia Department, visited SIH-FSD



NEW PANEL ENLISTMENT

At Shifa International Hospital, Faisalabad, we take great pride in being a patient-centered organization. We aim to provide care that is respectful of and responsive to individual patient preferences, needs and values.

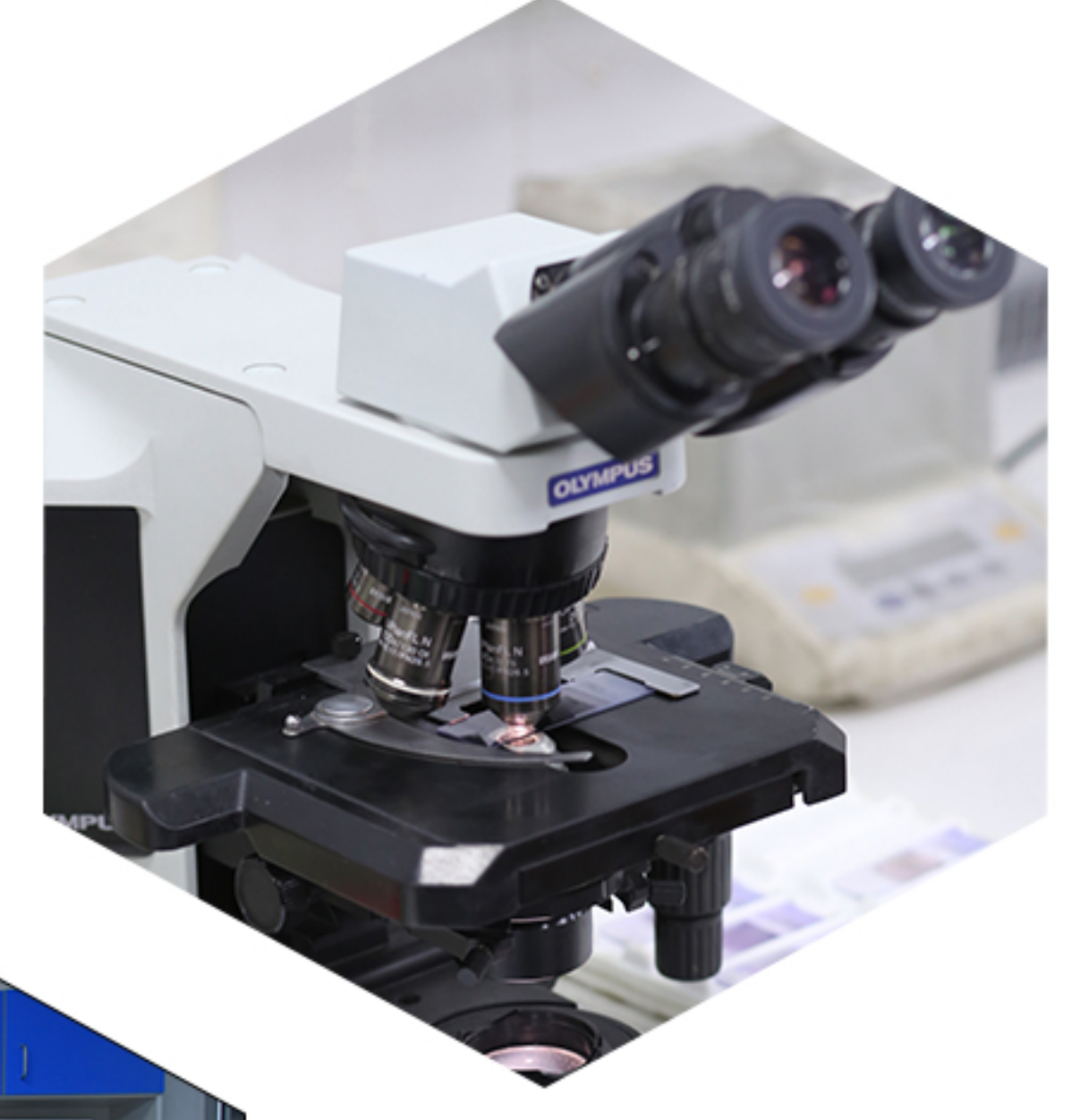
We understand that finding the right medical service provider is crucial to the success of your business. That's why we are also committed to offer exceptional healthcare services to corporate clients.

We believe in building long-term relationships with our clients and look forward to work with them.

A recent addition to our corporate clients is the

- **Asia Rescue & Medical Services (ARMS India - An International Client)**
- **Crescent Care Pvt. Ltd.**
- **State Life Insurance Corporation**
- **TPL Direct Insurance**
- **Frequency Allocation Board**
- **Mentor TPA**





LIST OF SPECIALTIES

- Anesthesia
- Cardiology
- Critical Care
- Dermatology
- Dentistry
- E.N.T
- Food & Nutrition
- Gastroenterology
- General Surgery
- Gynecology & Obstetrics
- Hematology
- Internal Medicine
- Neurology
- Neuro Surgery
- Nephrology
- Orthopedic
- Pediatrics & Neonatology
- Pulmonology
- Plastic Surgery
- Physiotherapy & Rehabilitation
- Radiology
- Urology

Editors: Muhammad Hamza | Abid Jamil

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Write to us: If you have any questions , comments or any other suggestions,
Please email us at marketing.fsd@shifa.com.pk

